



God's Loving Healing Hands

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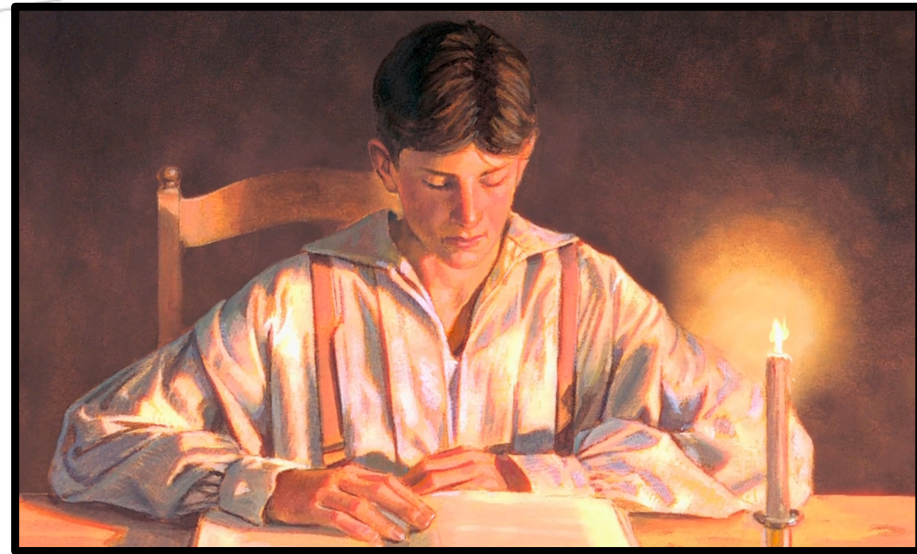
Importance of Acting on Inspiration 💧

Introductory Class 1E

Importance of Acting on Inspiration

What you can expect to learn from this class

- What the scriptures say about the importance to act on inspiration
- The many blessings of obedience to promptings
- The rewards of obeying in diligence with exactness
- That desire and faith will bring you inspiration, but delaying your actions may thwart further revelations from God
- God delights to honor the obedient and faithful



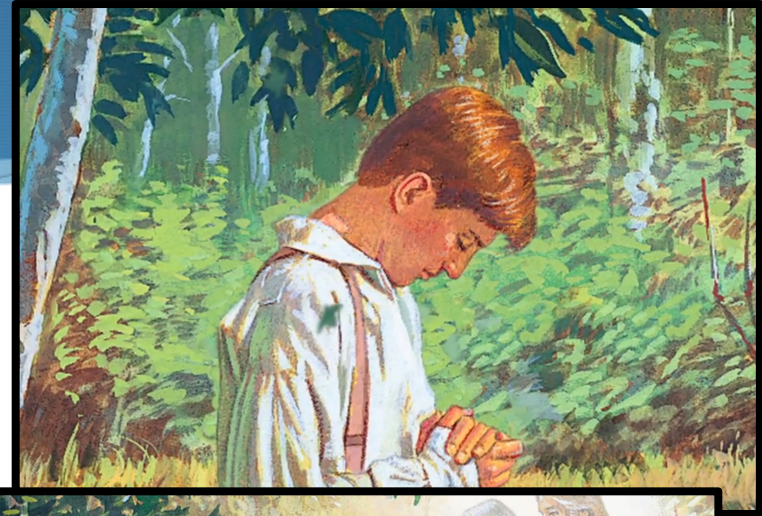
The young boy Joseph ponders after reading the Bible. After this, he was motivated to act of his desires.

Image courtesy of Intellectual Reserve, Inc

Importance of Acting on Inspiration

What acting on your inspiration will do for you

- ◆ Revelation and progress in your life and your energy work will continue to come as you
 - 1) act on what inspiration you have received and
 - 2) seek for more direction
- ◆ You will be more in-tune to the subtle directions of the Spirit
- ◆ You will come to know God more and more, and feel His great love for you
- ◆ You will be in a position for God to tutor you along, line upon line, precept upon precept (Isa 28:10)



Images courtesy of
Intellectual Reserve, Inc

Before Joseph received the First Vision he acted by going to the woods and praying

Importance of Acting on Inspiration

The structure of this class

- ◆ The remainder of this class is given mostly in scriptural quotations. I have saved my conclusions until the end.
- ◆ I have bolded certain passages that are particularly important. However, please read and ponder the entire passage to understand its historical context.
- ◆ Please note that I am not addressing obedience to any leader or to any commandment in the church. Instead in this presentation I am addressing obedience to your OWN inspiration.



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Moroni acted in faith by burying the gold plates, and then Joseph acted in faith to receive the plates

Importance of Acting on Inspiration

Give God your heart and a willing mind

D&C 64:33 “Wherefore, **be not weary in well-doing**, for ye are laying the foundation of a great work. And out of small things proceedeth that which is great.

34 Behold, **the Lord requireth the heart and a willing mind; and the willing and obedient shall eat the good of the land of Zion in these last days.**

35 And the rebellious shall be cut off out of the land of Zion, and shall be sent away, and shall not inherit the land.

36 For, verily I say that the rebellious are not of the blood of Ephraim, wherefore they shall be plucked out.”



Elders of the Early Church to whom this directive was given

Importance of Acting on Inspiration

As you desire, the mysteries of God will be unfolded

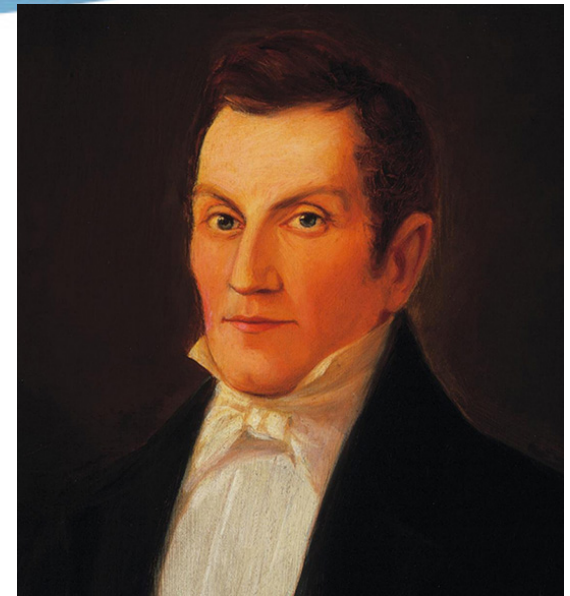
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Counsel given to Hyrum Smith from Jesus Christ via the prophet Joseph Smith:

D&C 11:5 **“Therefore, if you will ask of me you shall receive; if you will knock it shall be opened unto you...**

7 Seek not for riches but for wisdom; and, **behold, the mysteries of God shall be unfolded unto you,** and then shall you be made rich. Behold, he that hath eternal life is rich.

8 Verily, verily, **I say unto you, even as you desire of me so it shall be done unto you;** and, if you desire, you shall be the means of doing much good in this generation...”



Hyrum Smith

Image courtesy of Intellectual Reserve, Inc

Importance of Acting on Inspiration

Gifts are given as you desire in faith

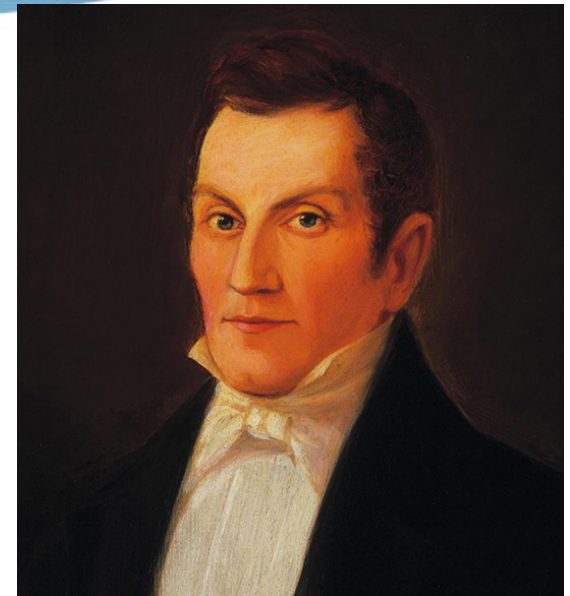
2 of 2

D&C 11 (continued)

10 **“Behold, thou hast a gift, or thou shalt have a gift if thou wilt desire of me in faith, with an honest heart, believing in the power of Jesus Christ, or in my power which speaketh unto thee;**

11 For, behold, it is I that speak; behold, I am the light which shineth in darkness, and by my power I give these words unto thee.

12 **And now, verily, verily, I say unto thee, put your trust in that Spirit which leadeth to do good—yea, to do justly, to walk humbly, to judge righteously; and this is my Spirit.”**



Hyrum Smith

Image courtesy of Intellectual Reserve, Inc

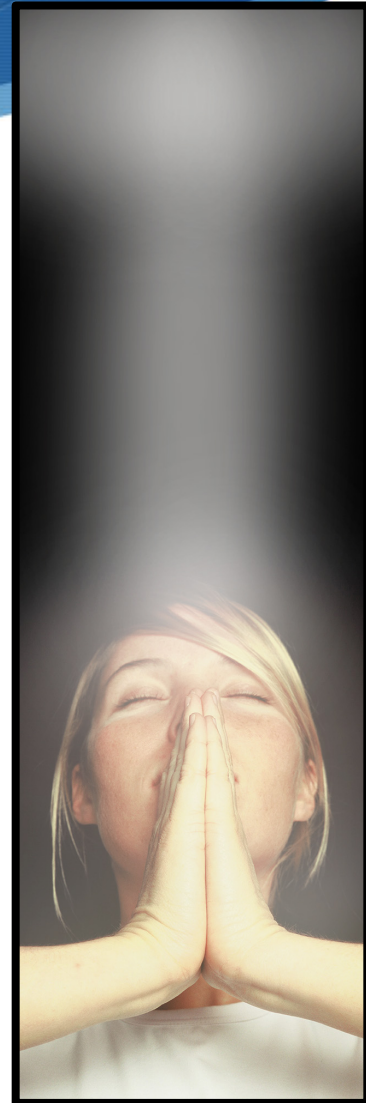
Importance of Acting on Inspiration

As you desire, the mysteries of God will be unfolded

D&C 63:23 “But unto him that keepeth my commandments I will give the mysteries of my kingdom, and the same shall be in him a well of living water, springing up unto everlasting life.”

D&C 42:65 “Behold, thou shalt observe all these things, and great shall be thy reward; for unto you it is given to know the mysteries of the kingdom, but unto the world it is not given to know them.

66 Ye shall observe the laws which ye have received and be faithful.”



Importance of Acting on Inspiration

God delights to honor those who seek then act

D&C 76:5 **“For thus saith the Lord—I, the Lord, am merciful and gracious unto those who fear me, and delight to honor those who serve me in righteousness and in truth unto the end.**

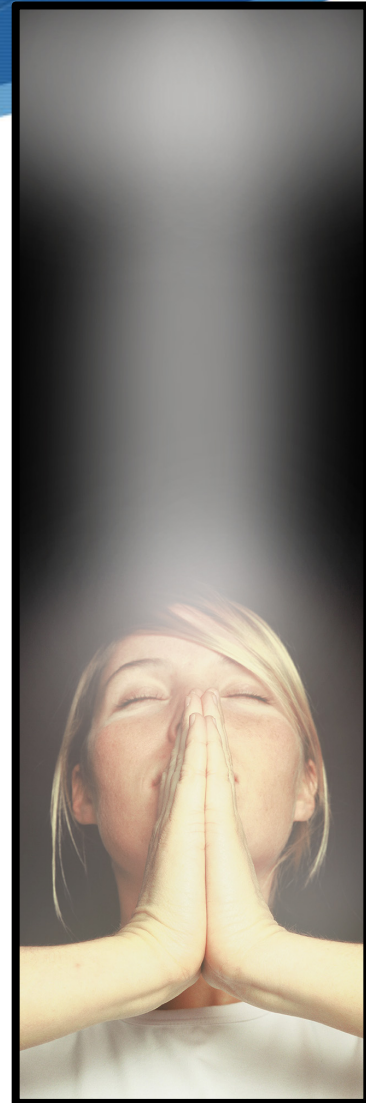
6 Great shall be their reward and eternal shall be their glory.

7 And to them will I reveal all mysteries, yea, all the hidden mysteries of my kingdom from days of old, and for ages to come, will I make known unto them the good pleasure of my will concerning all things pertaining to my kingdom.

8 Yea, even the wonders of eternity shall they know, and things to come will I show them, even the things of many generations.

9 And their wisdom shall be great, and their understanding reach to heaven; and before them the wisdom of the wise shall perish, and the understanding of the prudent shall come to naught.

10 For by my Spirit will I enlighten them, and by my power will I make known unto them the secrets of my will—yea, even those things which eye has not seen, nor ear heard, nor yet entered into the heart of man.”



Importance of Acting on Inspiration

God will lead you along

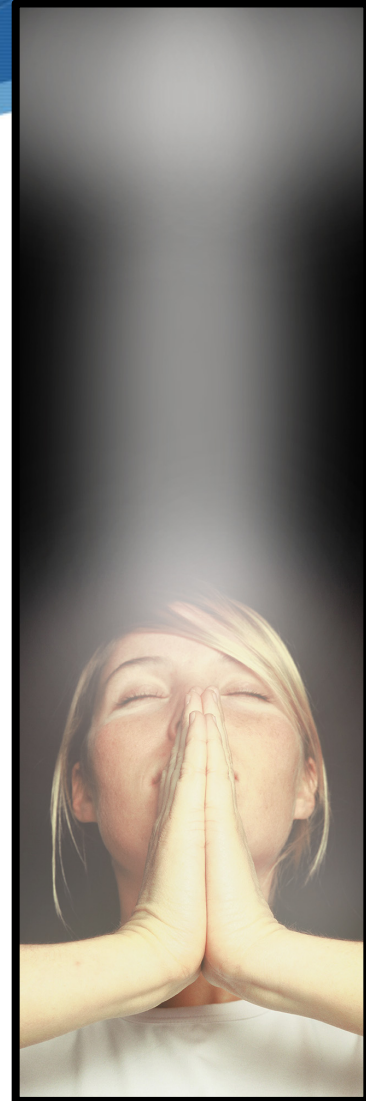
D&C 78: 17 “Verily, verily, I say unto you, **ye are little children, and ye have not as yet understood how great blessings the Father hath in his own hands and prepared for you;**

18 And ye cannot bear all things now; nevertheless, be of good cheer, for I will lead you along. The kingdom is yours and the blessings thereof are yours, and the riches of eternity are yours.

19 And he who receiveth all things with thankfulness shall be made glorious; and the things of this earth shall be added unto him, even an hundred fold, yea, more.

20 Wherefore, do the things which I have commanded you, saith your Redeemer, even the Son Ahman, who prepareth all things before he taketh you;

22 And he that is a faithful and wise steward shall inherit all things. Amen.”



Importance of Acting on Inspiration

Act and don't be slothful

1 of 2

D&C 58:26 “For behold, it is not meet that I should command in all things; for he that is compelled in all things, the same is a slothful and not a wise servant; wherefore he receiveth no reward.

27 Verily I say, men should be anxiously engaged in a good cause, and do many things of their own free will, and bring to pass much righteousness;

28 For the power is in them, wherein they are agents unto themselves. And inasmuch as men do good they shall in nowise lose their reward.”

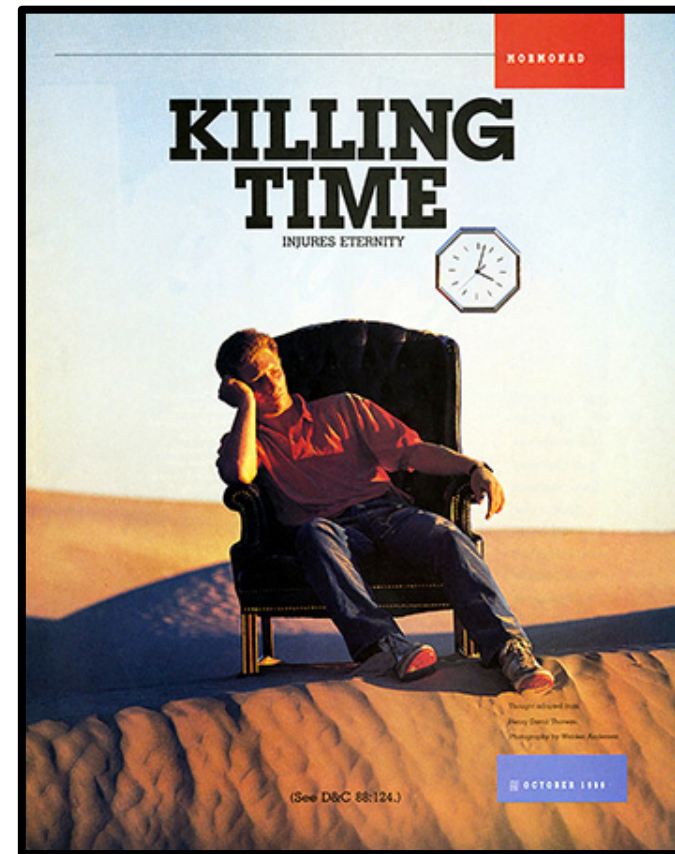


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Importance of Acting on Inspiration

Act and don't be slothful

2 of 2

D&C 58 (continued)

29 “But he that doeth not anything until he is commanded, and receiveth a commandment with doubtful heart, and keepeth it with slothfulness, the same is damned.

30 **Who am I that made man, saith the Lord, that will hold him guiltless that obeys not my commandments?**

31 **Who am I, saith the Lord, that have promised and have not fulfilled?**

32 I command and men obey not; I revoke and they receive not the blessing.”

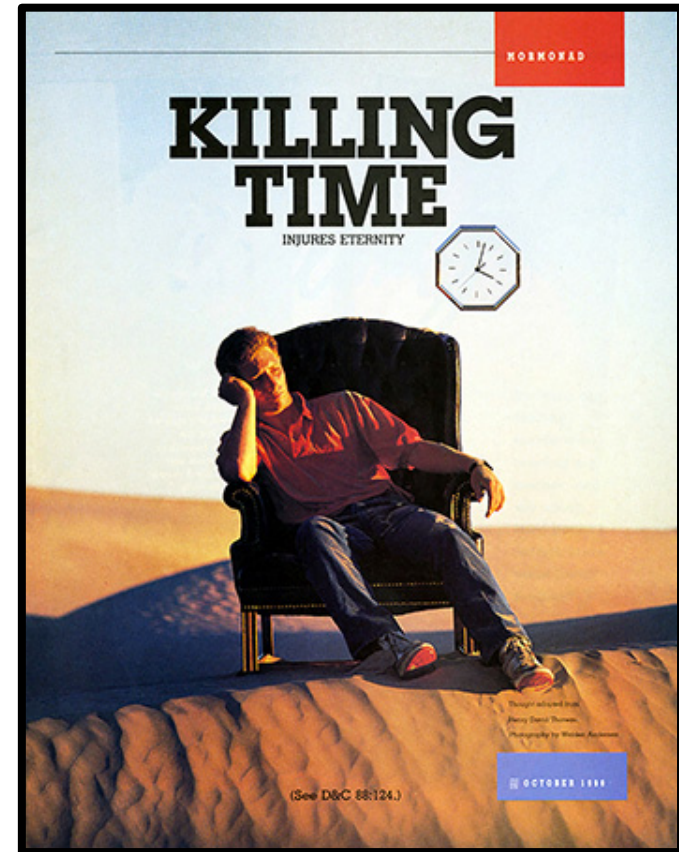


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Importance of Acting on Inspiration

Obey with exactness

Alma 57:19 “But behold, my little band of two thousand and sixty fought most desperately; yea, they were firm before the Lamanites, and did administer death unto all those who opposed them.

20 And as the remainder of our army were about to give way before the

Lamanites, behold, those two thousand and sixty were firm and undaunted.

21 Yea, and **they did obey and observe to perform every word of command with exactness; yea, and even according to their faith it was done unto them;** and I did remember the words which they said unto me that their mothers had taught them.”



Importance of Acting on Inspiration

Act when you feel constrained by the Spirit

1 of 3

1 Nephi 4:10 “And it came to pass **that I was constrained by the Spirit** that I should kill Laban; but I said in my heart: Never at any time have I shed the blood of man. And I shrunk and would that I might not slay him.

11 And the Spirit said unto me again: Behold the Lord hath delivered him into thy hands. Yea, and I also knew that he had sought to take away mine own life; yea, and he would not hearken unto the commandments of the Lord; and he also had taken away our property.

12 And it came to pass that the Spirit said unto me again: Slay him, for the Lord hath delivered him into thy hands;”



Importance of Acting on Inspiration

Use reasoning to act

2 of 3

1 Nephi 4 (continued)

13 “Behold the Lord slayeth the wicked to bring forth his righteous purposes. It is better that one man should perish than that a nation should dwindle and perish in unbelief.

14 And now, when I, Nephi, had heard these words, I remembered the words of the Lord which he spake unto me in the wilderness, saying that: Inasmuch as thy seed shall keep my commandments, they shall prosper in the land of promise.

15 Yea, and I also thought that they could not keep the commandments of the Lord according to the law of Moses, save they should have the law.”



Importance of Acting on Inspiration

Take action in faith

3 of 3

1 Nephi 4 (continued)

16 “And I also knew that the law was engraven upon the plates of brass.

17 And again, I knew that the Lord had delivered Laban into my hands for this cause—that I might obtain the records according to his commandments.

18 **Therefore I did obey the voice of the Spirit**, and took Laban by the hair of the head, and I smote off his head with his own sword.”



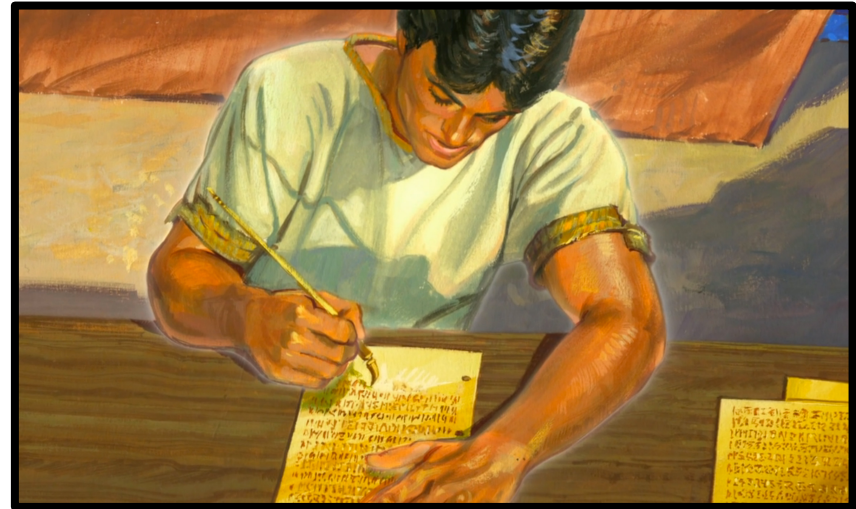
Importance of Acting on Inspiration

Act in obedience to directions from God

2 Nephi 5:30 “And it came to pass that **the Lord God said unto me: Make other plates;** and thou shalt engraven many things upon them which are good in my sight, for the profit of thy people.

31 Wherefore, **I, Nephi, to be obedient to the commandments of the Lord, went and made these plates upon which I have engraven these things.**

32 **And I engraved that which is pleasing unto God.** And if my people are pleased with the things of God they will be pleased with mine engravings which are upon these plates.”



Importance of Acting on Inspiration

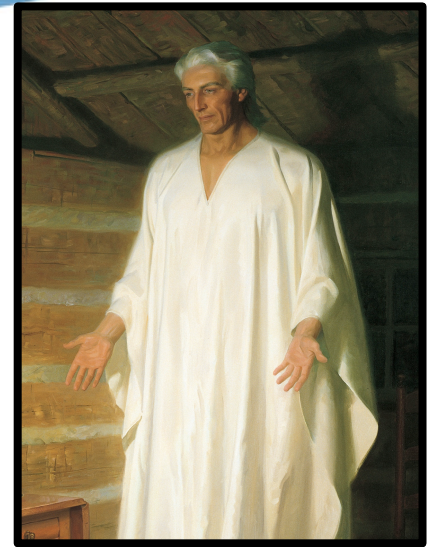
The words of Christ will tell you what you need to do

2 Nephi 32:3 “Angels speak by the power of the Holy Ghost; wherefore, they speak the words of Christ. Wherefore, I said unto you, **feast upon the words of Christ; for behold, the words of Christ will tell you all things what ye should do.**

4 Wherefore, now after I have spoken these words, **if ye cannot understand them it will be because ye ask not, neither do ye knock; wherefore, ye are not brought into the light, but must perish in the dark.**

5 For behold, again I say unto you that if ye will enter in by the way, and receive **the Holy Ghost, it will show unto you all things what ye should do.**

6 Behold, this is the doctrine of Christ, and there will be no more doctrine given until after he shall manifest himself unto you in the flesh. **And when he shall manifest himself unto you in the flesh, the things which he shall say unto you shall ye observe to do.”**



Importance of Acting on Inspiration

Lehi obeyed and saved his family

1 Ne 2:2 “And it came to pass that **the Lord commanded my father**, even in a dream, that he should take his family and depart into the wilderness.

3 And it came to pass that **he was obedient unto the word of the Lord, wherefore he did as the Lord commanded him.**

4 And it came to pass that he departed into the wilderness. And he left his house, and the land of his inheritance, and his gold, and his silver, and his precious things, and took nothing with him, save it were his family, and provisions, and tents, and departed into the wilderness.”



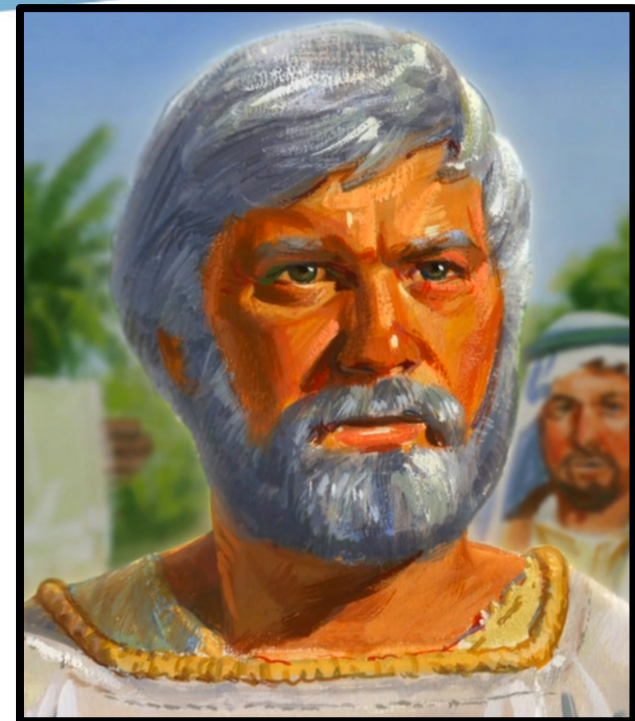
Lehi and his family in the wilderness

Importance of Acting on Inspiration

When inspired, act with all our might

Jacob 5:71 “And the Lord of the vineyard said unto them: **Go to, and labor in the vineyard, with your might.** For behold, this is the last time that I shall nourish my vineyard; for the end is nigh at hand, and the season speedily cometh; **and if ye labor with your might with me ye shall have joy in the fruit which I shall lay up unto myself** against the time which will soon come.

72 And it came to pass that **the servants did go and labor with their mights; and the Lord of the vineyard labored also with them; and they did obey the commandments of the Lord of the vineyard in all things.**”



Jacob, brother of Nephi

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Importance of Acting on Inspiration

Do not run faster than you are able

D&C 105:6 “And **my people must needs be chastened until they learn obedience**, if it must needs be, by the things which they suffer.”

D&C 10: 4 “**Do not run faster or labor more than you have strength and means provided** to enable you to translate; but be diligent unto the end.”



D&C 72:3 “And verily in this thing ye have done wisely, **for it is required of the Lord, at the hand of every steward, to render an account of his stewardship, both in time and in eternity.**

4 For he who is faithful and wise in time is accounted worthy to inherit the mansions prepared for him of my Father.”

Importance of Acting on Inspiration

Be faithful & diligent in keeping the commandments of God

D&C 6:20 “Behold, thou art Oliver, and **I have spoken unto thee because of thy desires; therefore treasure up these words in thy heart. Be faithful and diligent in keeping the commandments of God, and I will encircle thee in the arms of my love.**

21 Behold, I am Jesus Christ, the Son of God. I am the same that came unto mine own, and mine own received me not. I am the light which shineth in darkness, and the darkness comprehendeth it not.”

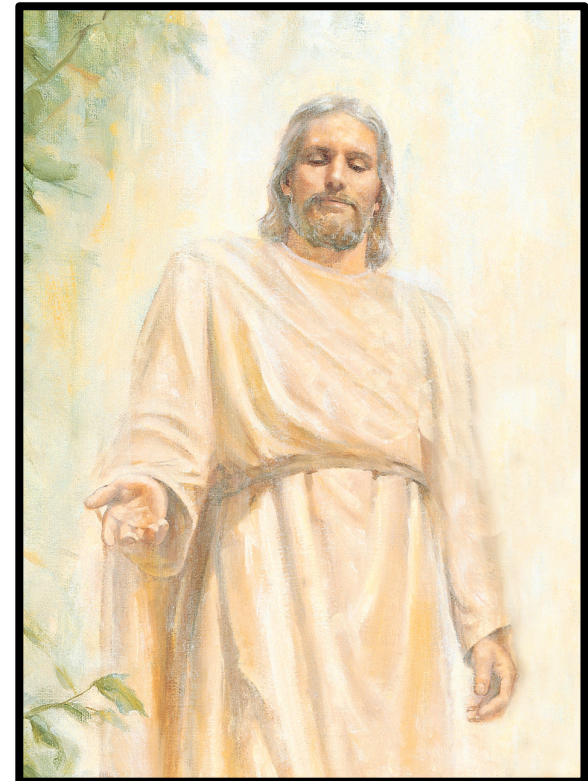


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Importance of Acting on Inspiration

Do not delay in acting

1 of 3

“Of course, we know that hearing words of counsel and acting upon them are two very different things. The Savior spoke of the difference when He said that those who hear and obey are like those who build their houses upon a rock. And those who hear but don’t follow—well, they could just end up being ex-home owners.

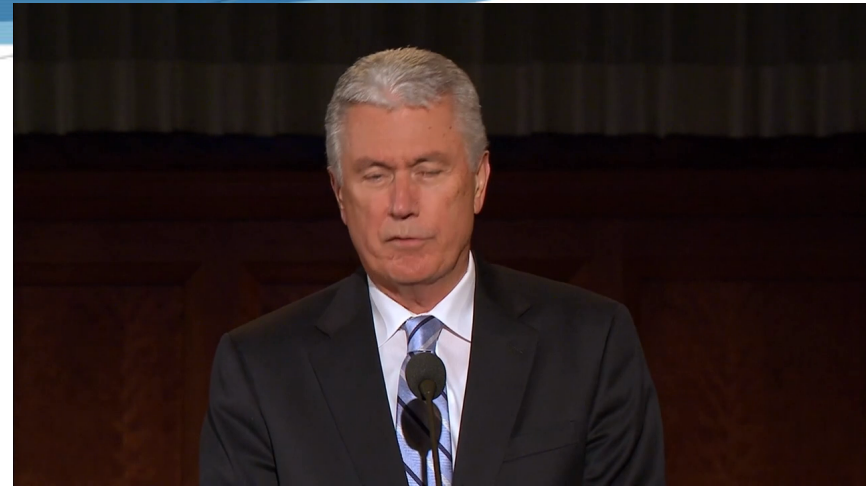


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Church members are wonderful in their desire to be obedient and follow the Lord. But **sometimes, in spite of our good intentions, we delay doing what we should do or we misunderstand what we were taught. As a result, inspired words of counsel might not have the promised effect...**”

Importance of Acting on Inspiration

Keep questioning, thinking, pondering and acting

2 of 3

“Some may be tempted to say, ‘Just tell us what to do, and we’ll do it.’ While we commend a righteous desire to be obedient, there is more to leadership in the Church (and more to life) than simply checking items off an assigned to-do list.

...Unfortunately, we sometimes don’t seek revelation or answers from the scriptures or the handbooks because we think we know the answers already.

Brothers and sisters, as good as our previous experience may be, **if we stop asking questions, stop thinking, stop pondering, we can thwart the revelations of the Spirit. Remember, it was the questions young Joseph asked that opened the door for the restoration of all things. We can block the growth and knowledge our Heavenly Father intends for us.”**

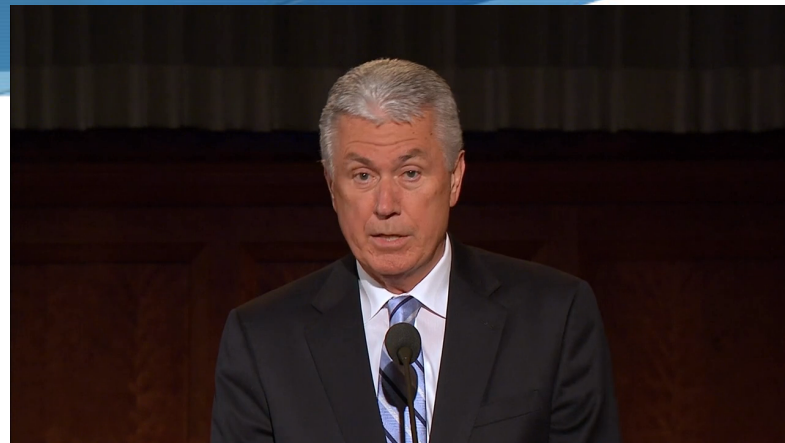


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Importance of Acting on Inspiration

Don't think you already know, act without hesitation

3 of 3

“How often has the Holy Spirit tried to tell us something we needed to know but couldn't get past the massive iron gate of what we thought we already knew?

... there is little good in hearing the word of God if we do not translate what we hear into our lives. Consequently, we ask that you take the following steps without hesitation and continue to do so throughout your service in your callings.”

(“Acting on the Truths of the Gospel of Jesus Christ”, Dieter F. Uchtdorf, LDS Worldwide Training Leadership Meeting Broadcast, Feb 2012)

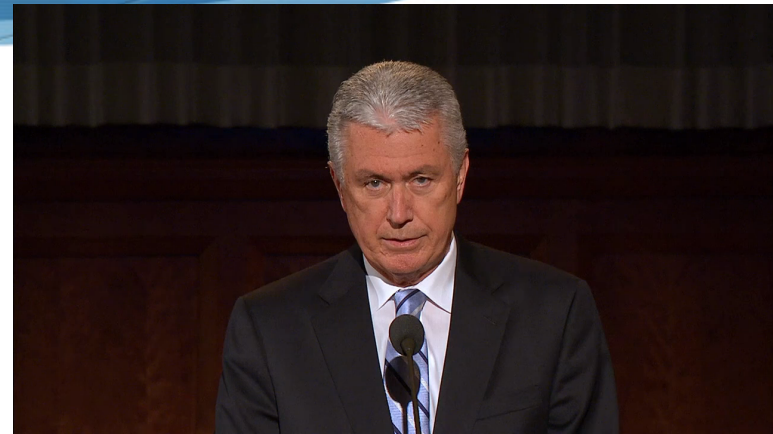


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Importance of Acting on Inspiration

Act in diligence, never lazy or slothful

“Doctrine and Covenants 107:99–100

‘Wherefore, now let every man learn his duty, and to act in the office in which he is appointed, in all diligence.

He that is slothful shall not be counted worthy to stand, and he that learns not his duty and shows himself not approved shall not be counted worthy to stand. Even so. Amen.’

We are to learn our duty from the Lord, and then we are to act in all diligence, never being lazy or slothful. The pattern is simple but not easy to follow. We are so easily distracted. Studying the daily news can appear more interesting.”

(“Act in All Diligence”, Henry B Eyring, April 2010 LDS General Conference)



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Importance of Acting on Inspiration

Conclusions

1 of 4

I believe the counsel from the forgoing quotes apply to your life and your energy work as well. If you feel inspired and directed by God, He holds you accountable.

My Conclusions:

- ◆ Don't be weary in your efforts
- ◆ Give God your heart and a willing mind
- ◆ If you are obedient you will be blessed
- ◆ If you are not obedient, you will sometime be cut off
- ◆ If you ask and knock, it will be opened to you
- ◆ The mysteries of God (including healing mysteries) will be unfolded to you



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Importance of Acting on Inspiration

Conclusions

2 of 4

- ◆ As you desire of God it will be done to you
- ◆ Like Hyrum Smith, you too may have a gift, activated by your desire and faith, and with an honest heart
- ◆ Trust in that Spirit which leads to do good
- ◆ It is imperative that you observe and be faithful to what you have been asked of God to do
- ◆ God delights to honor the obedient and faithful
- ◆ God will enlighten you with the secrets of His will
- ◆ You cannot bear things now, but God will lead you along
- ◆ What God has promised He will fulfill



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Importance of Acting on Inspiration

Conclusions

3 of 4

- ◆ Like the stripling warriors, perform every word of command from God with exactness
- ◆ Put emphasis on doing the actions that please God
- ◆ When you feast upon the words of Christ, He will tell you all things what you should do
- ◆ When given an impression from God, you should labor with your might to obey
- ◆ God is not pleased to command in all things—He is pleased if you are anxiously engaged in a good cause and do many things of your free will
- ◆ Don't run faster than you have strength



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Importance of Acting on Inspiration

Conclusions

4 of 4

- ◆ Be diligent in following your directions from God
- ◆ Good intentions and delays are not enough: act upon your inspirations
- ◆ If you stop asking questions, stop thinking, or stop pondering, this thwarts the revelations of the Spirit to you
- ◆ Don't think you already know and have no need to ask or hear what God says to you
- ◆ Be diligent, not lazy or slothful, once you have been inspired to act



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Final conclusion: act on your inspiration!

Importance of Acting on Inspiration

What to do next

- Now you have hopefully completed all 5 of the introductory classes that I offer. If you haven't, please go back and take those you haven't done. These introductory classes are a foundation for you will be learning.
- Feel free now proceed to the healing classes in section 2. I am happy to answer any questions you may have—just contact me on the website.
- ...and thank you for reading and listening!

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